

Pathways for Children, Youth and Families of York Region



6 Locations for You and Your Family

Telephone: (905) 471-7877
www.pathwaysyorkregion.org

70 Main Street N., Markham

St. James Presbyterian Church
 6432 Main St., Stouffville

Milliken Mills Library
 7600 Kennedy Rd., Unionville

Unionville Library
 15 Library Lane, Unionville

Ashton Meadows Public School
 230 Calvert Road, Unionville

Armadale Community Centre, 2401 Denison St., Markham
 Run by Town of Markham in Partnership with Pathways
 Drop-in fees: \$2 for 1 child, \$.50 for additional children

April 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>70 Main St., Markham <i>Family Time</i> 9:30-11:30 a.m.</p> <p><i>*First Time Moms</i> 1:00 – 3:00 p.m.</p> <p>Ashton Meadows <i>AOK Family Time</i> 9:30-11:30 a.m.</p> <p>Stouffville Library 30 Burkholder St. <i>Mother Goose</i> 1:15 – 3:00 p.m.</p>	<p>70 Main St., Markham <i>Family Time</i> 9:30-11:30</p> <p>Ashton Meadows <i>AOK Family Time</i> 9:30 - 11:30 a.m.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Register now for the Infant / Child CPR Course to be held on Wednesday April 30th, 2008 6:30 pm – 9:30 pm 70 Main St. \$40</p> </div>	<p>70 Main St., Markham <i>Family Time</i> 9:30-11:30 a.m.</p> <p><i>*Mother Goose</i> 1:15 – 3:00 p.m.</p> <p>Armadale C.C. <i>Family Time</i> 9:30 – 11:30 a.m.</p> <p>Stouffville <i>Family Time</i> 9:00 - 11:00 a.m.</p> <p>Ashton Meadows <i>AOK Family Time</i> 9:30 – 11:30 a.m. <i>*Mother Goose</i> 12:30 – 2:30 p.m.</p>	<p>70 Main St., Markham <i>Family Time</i> 9:30 - 11:30 a.m.</p> <p>Iranian New Year March 20</p> <p><i>*Pathways Explorers</i> 1:00 – 2:30 p.m.</p> <p><i>*All Babies Count</i> 3:00 – 5:30 p.m.</p> <p>Ashton Meadows <i>AOK Family Time</i> 9:30-11:30 a.m.</p> <p>Stouffville <i>AOK Family Time</i> 9:00 – 11:00 a.m.</p> <p>Stouffville Arena <i>*Jump 'N Jiggle</i> 3:00 – 4:00 p.m.</p> <p>Unionville Library <i>AOK Family Time</i> 9:30 – 11:30 a.m.</p>	<p>70 Main St., Markham <i>AOK Family Time</i> 9:30 a.m. – 11:30 a.m.</p> <p>Armadale C.C. <i>Family Time</i> 9:30 – 11:30 a.m.</p> <p>Ashton Meadows <i>*Learning With Joy in Cantonese</i> 9:30 – 11:30 a.m.</p> <p>Markham YMCA <i>*Wiggles & Giggles</i> 2:15 – 3:15 p.m.</p>	<p>70 Main St., Markham <i>*Jump 'N Jiggle</i> 10:15 a.m. – 11:15 a.m. (for children 12-30 months of age)</p> <p>Unionville Library <i>AOK Family Time</i> 9:00-10:45</p> <p>Milliken Library <i>AOK Family Time</i> 9:30-11:30</p>

*** Registration required for programs marked with an asterisk. Please call Pathways at (905) 471-7877 for information or to register.**

PROGRAM DESCRIPTIONS

Family Time: A free weekly drop-in program for parents and caregivers with children from birth to six years. Children explore the world through songs, stories, puzzles and imaginative play. Adults have an opportunity to meet and share with others, speak with professional staff about child development questions and concerns and get information and referrals to counselling, special needs, health and other services.

AOK Family Time: AOK (All Our Kids) programs are funded by the Regional Municipality of York's Family and Children's Services Department.

Mother Goose: For parents with children from birth to 12 months of age. This free program requires pre-registration with Pathways. To register call (905) 471-7877. The Mother Goose Program is a group experience for parents and their babies focusing on the pleasure and power of using rhymes, songs and stories and gives children healthy early experiences with language and communication. To register for Mother Goose located at the Stouffville Public Library, 30 Burkholder Street, Stouffville, please call Blue Hills at 905-773-4323. To register for Mother Goose at 70 Main Street or Ashton Meadows, please call 905-471-7877.

All Babies Count: A program especially for expectant moms. This program requires pre-registration with Pathways. To register call (905) 471-7877. Find the answers you need at this free weekly program for pregnant women. You can find out how to have a healthy pregnancy, enjoy cooking with others and get advice during the first stages of your baby's life.

First Time Moms: This free program requires pre-registration with Pathways. To register, visit us or call (905) 471-7877. This program is for moms with infants under six months of age. You will meet other moms with infants to discuss infant development, breast- and bottle-feeding, stress management, introducing solids and sleep routines. Referrals to breast-feeding support groups and other community services are available.

Pathways Explorers: A free, registered, six week program for parents and caregivers with children 3 to 5 years of age. Children and adults engage in early learning activities related to that week's theme: science, math, music, cooking, fitness or art. Hands-on activities help children discover, explore and learn about the world around them. Call Pathways at (905) 471-7877 to register for the next program.

Learning with Joy: A free, registered, six-week program for Cantonese and Mandarin speaking parents and caregivers with children 3-5 years old. Parents and caregivers work with their children to learn about colours, numbers, shapes and letters and engage in reading, singing and crafts. The program will also focus on the self-help skills that children need to learn in order to succeed in school.

Triple P: Triple P (Positive Parenting Program) - Is your child between two and twelve years of age? Are you frustrated with your child's behaviour? Call now to book your individual time with one of our Triple P facilitators. We can meet with you up to four times to develop and fine-tune a parenting plan to meet your unique family needs. This free service is available at any of our program sites. Please call (905) 471-7877 for more information.

Wiggles & Giggles: Come and experience the benefits of fun and relaxation through gentle touch and stretching. Wiggles & Giggles is a special hour just for you and your baby (birth to 6 months) to bond both physically and emotionally. To register for the next program call Pathways at (905) 471-7877. Cost: \$30.00 for 8-week session.

Caregiver Registry: All sites have an informal caregiver registry on-site to assist you in finding daycare for your child. Please see staff for assistance.

The Wonder Years: A free, five-week parenting program for parents of children 18 months to three years of age. Come share your experiences and learn important skills to help you enjoy your toddler. Topics include toilet learning, transition periods, daily routines, logical consequences and more. This parent-only program runs on Mondays from 7:00 – 9:00 pm. Call Pathways at (905) 471-7877 to register.

Jump 'N Jiggle: A fitness program for children 18 months to 3 years of age together with their parent or caregiver. Come jump, dance and clap your way to a healthy lifestyle. Program includes music, movement, parachute play, bells and shakers. To register call (905) 471-7877. Cost: \$30.00 for 8-week session.