

# Pathways for Children, Youth and Families of York Region



## Many Locations for You and Your Family

Telephone: (905) 471-7877

Go to [www.pathwaysyorkregion.org](http://www.pathwaysyorkregion.org) to register and for program details

70 Main Street N., Markham    St. James Presbyterian Church    Ashton Meadows Public School    Unionville Library    Markham Village Library  
 6432 Main St., Stouffville    230 Calvert Road Markham    15 Library Lane, Unionville    6031 Hwy 7 East, Markham  
 Room# 115

Wilclay Public School    Milliken Mills Library  
 60 Wilclay Ave. Markham. Staff Room    7600 Kennedy Road, Unionville

Armadale Community Centre, 2401 Denison Ave.,  
 Markham - Run by Town of Markham in Partnership with  
 Pathways Drop-in fees: \$2 for 1 child, \$.50 for additional  
 children

## January 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>*All Programs will reopen beginning the week of January 4<sup>th</sup>, 2010</b></p>	<p><b>70 Main St., Markham</b>  <i>Family Time</i>                      9:30-11:30 a.m.</p> <p><i>*First Time Moms</i>                      1:00 – 3:00 p.m.                      January 4- February 8, 2010</p> <p><b>Stouffville Library</b>                      30 Burkholder St.</p> <p><i>*Mother Goose</i>                      1:15 – 3:00 p.m.</p> <p>Call Blue Hills to register                      (905) 773-4323</p> <p><b>Ashton Meadows</b>  <i>AOK Family Time</i>                      9:30 - 11:30 a.m.</p>	<p><b>70 Main St., Markham</b>  <i>Family Time</i>                      9:30-11:30 a.m.</p> <p><i>* Young Parents Program</i>                      2:00- 4:00 p.m.</p> <p>Call the Rose of Sharon to register (905) 853-5514 ext. 231                      Or toll free at 1-877-816-3715  <b>Program reopens January 5, 2010</b></p> <p><b>Ashton Meadows</b>  <i>AOK Family Time</i>                      9:30 - 11:30 a.m.</p> <p><b>Markham YMCA</b>                      Jingle 'n jive                      1:30- 2:30 p.m.                      January 19- February 23, 2010  <b>Cost \$ 30.00 for 6 Weeks</b></p> <p><b>Please call (905) 471-7877 to register</b></p>	<p><b>70 Main St., Markham</b>  <i>Family Time</i>                      9:30-11:30 a.m.                      EIS Visit-January 13                      10:00 a.m.</p> <p><i>*Mother Goose</i>                      1:15 – 3:00 p.m.                      January 6- February 24, 2010</p> <p><b>Stouffville</b>  <i>St. James Presbyterian Church</i>  <i>Family Time</i>                      9:00 - 11:00 a.m.</p> <p><b>Ashton Meadows</b>  <i>AOK Family Time</i>                      9:30 - 11:30 a.m.</p> <p><b>Armadale c.C.</b>  <i>Family Time</i>                      9:30- 11:30 a.m.</p>	<p><b>70 Main St., Markham</b>  <i>Family Time</i>                      9:30 - 11:30 a.m.</p> <p><i>*Pathways Explorers</i>                      1:00- 2:30 p.m.                      January 7- February 11, 2010</p> <p><i>*All Babies Count</i>                      3:00- 5:30 p.m.</p> <p><b>Ashton Meadows</b>  <i>AOK Family Time</i>                      9:30-11:30 a.m.</p> <p><b>Unionville Library</b>  <i>AOK Family Time</i>                      9:30- 11:30 a.m.</p> <p><b>Stouffville</b>  <i>St. James Presbyterian Church</i>  <i>AOK Family Time</i>                      9:00 - 11:00 a.m.</p>	<p><b>Markham Library</b>  <i>AOK Family Time</i>                      9:30- 11:30 a.m.  <b>Reopens January 15, 2010</b></p> <p><b>Wilclay Public School</b>  <b>Staff Room</b>  <i>AOK Family Time</i>                      10:45 am – 12:15 p.m.</p> <p><b>Armadale c.C.</b>  <i>Family Time</i>                      9:30- 11:30 a.m.</p> <p><b>Markham YMCA</b>  <i>*Wiggles and Giggles</i>                      1:30- 2:30 p.m.                      January 15- March 5, 2010                      Cost: \$35.00 for 8 weeks                      Please call (905) 471-7877 to register</p>	<p><b>70 Main St., Markham</b>  <i>AOK Family Time</i>                      9:30- 11:30 a.m.</p> <p><b>Milliken Mills Library</b>  <i>AOK Family Time</i>                      9:30- 11:30 a.m.</p>

**\* Registration required for programs marked with an asterisk. Please call Pathways at (905) 471-7877 for information or to register.**

## PROGRAM DESCRIPTIONS

**Family Time:** A free weekly drop-in program for parents and caregivers with children from birth to six years. Children explore the world through songs, stories, puzzles and imaginative play. Adults have an opportunity to meet and share with others, speak with professional staff about child development questions and concerns and get information and referrals to counselling, special needs, health and other services.

**Early Intervention Services (EIS) Visit:** If you have concerns about your child's developmental levels, this service provides suggestions and resources for parents and families for children with special needs.

**AOK Family Time:** AOK (All Our Kids) programs are funded by the Regional Municipality of York's Family and Children's Services Department.

**Mother Goose:** For parents with children from birth to 12 months of age. This free program requires pre-registration with Pathways. To register call (905) 471-7877. The Mother Goose Program is a group experience for parents and their babies focusing on the pleasure and power of using rhymes, songs and stories and gives children healthy early experiences with language and communication. To register for Mother Goose located at the Stouffville Public Library, 30 Burkholder Street, Stouffville, please call Blue Hills at 905-773-4323. To register for Mother Goose at 70 Main Street, please call 905-471-7877, or visit our web site at [www.pathwaysyorkregion.org](http://www.pathwaysyorkregion.org).

**All Babies Count:** A nutrition program especially for expectant moms. This program requires pre-registration with Pathways. To register call (905) 471-7877. Find the answers you need at this free weekly program for pregnant women. You can find out how to have a healthy pregnancy, enjoy cooking with others and get advice during the first stages of your baby's life.

**First Time Moms:** This free program requires pre-registration with Pathways. To register, visit us or call (905) 471-7877, or visit our web site at [www.pathwaysyorkregion.org](http://www.pathwaysyorkregion.org). This program is for moms with infants under six months of age. You will meet other moms with infants to discuss infant development, breast- and bottle-feeding, stress management, introducing solids and sleep routines. Referrals to breast-feeding support groups and other community services are available.

**Pathways Explorers:** A free, registered, six week program for parents and caregivers with children 3 to 5 years of age. Children and adults engage in early learning activities related to that week's theme: science, math, music, cooking, fitness or art. Hands-on activities help children discover, explore and learn about the world around them. Call Pathways at (905) 471-7877, or visit our web site at [www.pathwaysyorkregion.org](http://www.pathwaysyorkregion.org), to register for the next program.

**Triple P:** Triple P (Positive Parenting Program) - Is your child between two and twelve years of age? Are you frustrated with your child's behaviour? Call now to book your individual time with one of our Triple P facilitators. We can meet with you up to four times to develop and fine-tune a parenting plan to meet your unique family needs. This free service is available at any of our program sites. Please call (905) 471-7877 for more information.

**Wiggles & Giggles:** Wiggles and Giggles is a special hour just for you and your baby (4 - 12 months) to bond both physically and emotionally. This program involves participating in active music, learning songs and finger plays with the use of musical instruments, scarves, bubbles, puppets and parachute! To register for the next program call Pathways at (905) 471-7877, or visit our web site at [www.pathwaysyorkregion.org](http://www.pathwaysyorkregion.org). Cost: \$35.00 for 8-week session.

**Caregiver Registry:** All sites have an informal caregiver registry on-site to assist you in finding daycare for your child. Please see staff for assistance.

**Jingle 'N Jive:** A music/movement program for children 3- 4 years of age together with their parent or caregiver. Come jump, dance and clap using music, movement, bells and shakers. Help to enhance your child's verbal skills and physical activity. To register call (905) 471-7877, or visit our web site at [www.pathwaysyorkregion.org](http://www.pathwaysyorkregion.org). Cost: \$30.00 for 6-week session.

**Young Parents Program:** This program is run by the Rose of Sharon, in partnership with Pathways. A program for young mothers under 25 years with their children. For more information, and to register, please call the Rose of Sharon at (905) 883-5514, at extension 231. Or toll free at 1-877-516-3715